

Extra Curricular Practice Times

Activity	Fall 2018 Practice Start Time	Interterm 2019 Practice Start Time	Spring 2019 Practice Start Time
Baseball	4:00 pm	3:00 pm	3:00 pm
Basketball: Men	3:00 pm	4:00 pm	3:00 pm
Basketball: Women	3:00 pm	4:00 pm	3:00 pm
Cheer/Dance	4:00 pm	5:00 pm	4:00 pm
Cross Country	4:00 pm	4:00 pm	4:00 pm
Football	4:00 pm	4:00 pm	4:00 pm (3 wks only)
Soccer: Men	4:00 pm	6:00 pm	4:00 pm
Soccer: Women	3:00 pm	5:00 pm	4:00 pm
Softball	4:00 pm	3:00 pm	3:00 pm
Tennis	4:00 pm	4:00 pm	4:00 pm
Track & Field	4:00 pm	3:00 pm	3:00 pm
Volleyball	3:00 pm	5:00 pm	4:00 pm
Band	3:00 MWF	PA Tour	3:00 MWF
Choir	2:00 MWF	PA Tour	2:00 MWF